



Whether it is beginners or sports enthusiasts, our high end X300A arc step trainer uses a spontaneous reluctance motor, and the size of the step can be adjusted to make the movement faster, safer, and more effective. According to foreign authoritative fitness institutions, it burns up to 16 % more calories than competitors such as elliptical machines or cross training machines. The knee pressure decreased by 83 %. Muscle endurance increased by 38 %. In addition, it can also significantly enhance strength training, cardiovascular health improvement This device is designed for lower extremities, upper extremities training and full body climbing exercise.

The display program setting provides the user with a convenient control center that can set up an exercise plan. An independent control center, free to choose the exercise program. Members can easily set up exercise programs to charge the iPad or iPhone.

Our high end arc training equipment is solid and reliable, with low maintenance costs. After testing and verification of the three in one machinery, to practical and simple design, showing our high quality sports structure performance and health advantages. This high end arc training device is designed specifically for users and environments that value health over vanity. Our device offers complete options for weight loss, strength, and caloric exercise. Therefore, with a machine can meet the different needs of beginners and advanced athletes, so that you can easily enjoy health. Our equipment is perfect for these exercise areas such as hotels, corporate fitness centers and families. The device offers a wider range of slopes and resistance, and it is no exaggeration to say that it has the function of having three devices in one device. Taxing like cross country skiing at low slope levels; A stepwise movement like an ellipsoidal machine at a medium slope level; At a high slope level, crawling like a stair. At any level of slope, the same traditional calorie consumption and safety are transmitted.

- Function: elliptical, skiing, climbing
- Dimensions: 1900×980×1650mm



SHANDONG MINOLTA (MND) FITNESS CO., LTD

Ningjin Development Zone, Ningjin Town, 253400 Dezhou, Shandong, China.

- Resistance range: 900w 180rpm
- Incline levels: 20
- Stride length: 61cm
- Max. user weight: 150kg
- Power supply: self generating
- Program: manual+ automatic mode
- USB: cell phone charging
- Heart rate: contact heart rate monitoring